

Details

Bib number 6917

Name	Juan Carlos Poncela Alvarez	Net split times (difference)
City	Valladolid	5 Kilometer 20:47 (20:47)
Distance	Fortis Marathon Rotterdam	10 Kilometer 41:58 (21:11)
Category	M45	15 Kilometer 1:03:13 (21:15)
Overall place	1048 / 7856	20 Kilometer 1:24:15 (21:02)
Category place	199 / 1300	Half marathon 1:29:11
Speed	12,797 Km/Hour	25 Kilometer 1:46:09 (21:54)
Gross time	3:17:55	30 Kilometer 2:11:47 (25:38)
Net time	3:17:50	35 Kilometer 2:40:23 (28:36)
		40 Kilometer 3:07:16 (26:53)

